



PYRAMID SPIRITUAL SCIENCE ACADEMY

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There is wrong way of being !
And there is right way of being !
There is wrong way of doing things!
And there is right way of doing things!

To be enlightened means- leaving the path of wrong way of being and wrong way of doing, and entering the path of right way of being and right way of doing things.

Every human being needs to know WHAT WAY, HOW, WHERE, WHEN of all things in life ! What is right ? What is wrong ? How things should be done and how not ? Why things should be done and why not ? Where and when things should be done?

All these things are available in the subject of SPIRITUAL SCIENCE. Therefore spiritual science has to form the most important part of the syllabus of every school student so that right from childhood, the child will enter the path of right way of being and the path of right way of doing all things.

The Pyramid Spiritual Science Academy has been established with the view to bring together all the



elementary principles and practices of spiritual science.

Science is logic based system. Science is based on cause and effect principle. A+B will give C+D under given conditions of temperature and pressure. This is universal law or universal fact.

Science is impersonal and takes into consideration of energy dimensions. Matter is produced by consciousness. Matter is a product of consciousness based on free will and choice. The soul uses its mind to shape the matter.

We wish that this great subject of spiritual science will officially become mandatory in all schools and colleges so that every child and adult will be perfectly happy, perfectly harmonious, perfectly healthy and perfectly enlightened.



- Brahmarshi Patriji
Chairman
PSS ACADEMY,
Bengaluru

Organisation

The Academy is registered as Pyramid Spiritual Science Academy Trust, Bengaluru

The copy of the Trust Deed along with the details of the board of the Trust will be published in the next newsletter

Welcome

Message from Vice Chairman (Administration)



Greetings!

I am glad that the Academy is releasing the quarterly newsletter to appraise the information of its activities for the benefit of one and all.

I am also glad that we have progressed well in spreading meditation among the people. Meditation Courses are conducted to transform and make people live their right living. Not only in India, but on foreign soil, meditation courses are conducted. Soon we may open up on-line coaching of these courses for reaching people across the globe.

We have successfully taken up and completed the task of codifying Spiritual Science Knowledge Text Books for the student community. Of late, we have brought out two series for Degree Courses.

With this, the scheme of Spiritual Science Text Books for high schools and colleges has since been completed which is undoubtedly a unique contribution to the society for the first time in the history. The Academy is no doubt proud of this candid and divine work.

I wish and would like to note that it is now for the educational institutions to take on the task to see that this spiritual knowledge reach their students through induction of these books for regular teaching under moral science in their institutions. My heartfelt thanks to those schools who are already teaching these books, and wish others schools would also help the cause of making the students aware of spiritual knowledge.

*With Love and Light,
Shailendra Jain
Vice Chairman*

Message from Vice Chairman (Operations)

Greetings!

It is a pleasure to note that we are creating yet another channel for the dissipation of spiritual wisdom to the spiritual seekers everywhere through the present Newsletter.

Spirituality is the need of the hour and the need to sharpen our spiritual intelligence can never be ignored at any point of time in our lives, Spiritual intelligence has assumed greater importance than IQ and EQ and this means and includes the following characteristics :



- A. The quality to transcend suffering
- B. The capacity to learn from pain after enduring it
- C. The capacity to be flexible in the approach to every problem
- D. The quality to take problems in their stride and not be influenced by it.
- E. The wisdom to analyse the root cause of every factor by going to its source

While we improve and enhance our own spiritual intelligence we learn how nature and all the things around us strive and even join to make our lives more comfortable and interesting, provided we learn how 'to live and let live.' The efforts of the PYRAMID SPIRITUAL SCIENCE ACADEMY in this direction to spiritualise all individuals are commendable and the NEWSLETTER is one more step in this direction.

*Spiritually Yours,
S.K. Rajan
Vice Chairman, IFSS & PSS Academy*

From the Desk of Vice Chairman & M.D,



I feel very happy at the issue of this first newsletter from Pyramid Spiritual Science Academy, Bengaluru. This newsletter will issue every quarter hereafter with the information on the courses conducted and other relevant information in possible details.

The academy has come into being in the year 2010 with the aim of conducting courses on regular basis in a systematic way on meditation and spiritual science for the benefit of one and all. Right from its inception, the academy has been steadily progressing in its endeavors of inculcating high spiritual insights and values into man's real life. The hall mark of these courses has been the mere simple language used to drive in better understanding of the otherwise great subject of spiritual science for implementation in one's daily life in order to reap spiritual joy and bliss besides physical and materialistic achievements.

The academy has also taken the task of codifying the text books on Spiritual Values standard-wise for all classes of student community. Expansion of this academy is also on the cards with diploma and degree courses on the lines of academics. Preparatory work is already completed and efforts are on to get due approvals from the government bodies.

Every one of us needs to know about spiritual science. Simplest way of explaining spiritual aspects goes a long way. Efforts are on to pass on the knowledge of spiritual science through various courses and books. We solicit co operation from all quarters.

*Spiritually Yours,
- B. Sivaramappa, M.Sc. (Yoga)
Vice Chairman & M.D*

DETAILS OF COURSES OFFERED

Courses have been designed in Anapanasati Meditation and Spiritual Sciences for 1 day and 3 days for various sections of the society. Basic courses for the student community also are in place. Residential course is conducted in the Pyramid Valley International, Bengaluru while non-residential course is taught in the city. At the end of each course, participants are given a test and based on their performance, a certificate of the course is issued under the signature of Brahmarsi Patriji. At the end of the course, every participant will have wide knowledge in the spiritual field and tunes himself for a spiritual peaceful life with meditation in daily life.

[A] RESIDENTIAL COURSE

(i) Certificate Course in Meditation Science: 1 day – Every month 27th

(ii) Certificate Course in Spiritual Sciences - 3 days- Every month 27th to 29th

Residential Courses are offered at the Pyramid Valley International, Kabbedoddi, Kanakapura Road, Bengaluru.

PH: 080-32723143, MOB: 9449831788

[B] NON- RESIDENTIAL COURSE

(i) Certificate Course in Meditation Science – 1 day – Every month 23rd

(ii) Certificate Course in Spiritual Sciences - 3 Days- Every month 23rd to 25th

at No. 15, , 1st floor, 8th Main, 3rd Block, [J Block] Koromangala, Bangalore 560034

Ph: 080-32325655, 09449831788

[C] Distance Education

Distance Education is formulated to impart spiritual wisdom on those who are not attending the coaching in person and prefer to learn through the relevant material in the form of booklets and present themselves for examinations at Pyramid Valley International or at the nominated centers at the appropriate place and time. There will be Phases I and II for sending the material and examinations. The duration of the courses will be 2 months

Phase	Duration	Course Material	Exams	Review etc
I	4 WEEKS	2 BOOKS	I	I
II	4 WEEKS	2 BOOKS	I	I

CERTIFICATE COURSES CONDUCTED ALSO OUTSIDE BENGALURU

Courses were conducted in many places, like, Davanagere, Siruguppe, Gouribidanur, Chennai, Trivendrum, Trissur, Pondicherry, Bhuvanewar, Cuttack, Raipur, Betul, Mumbai, Delhi, Kolkatta, Malaysia, Cairo, Alexandria etc., besides Bangalore City and Pyramid Valley International, Bengaluru. So far 63 classes were conducted and certificates issued to the tune of 2275 of which adults are 710 and students are 1510. The distance education has 55 students who took the course.

OTHER PROPOSALS

The academy has in its agenda the future challenging tasks such as getting approval from Government authorities both for the courses and for the introduction of the Spiritual Science Text Books into regular curriculum. It aims at holding diploma and degree courses as well. It will also extend the courses on-line and reach the society at large.

What is taught...?

NEW AGE PYRAMID SPIRITUAL COURSES :: CERTIFICATE COURSES-SPIRITUAL SCIENCE

PROGRAMME (Power Point Presentations)

Part - I

Introduction –PSS Movement, India-Meditation Everywhere- PSS Academy
Anapanasati – Science of Meditation - Dhyaana session - Pyramid Energy [Visuals]- Empty Mind-Third Eye-Moonlight Meditation--Group Meditation-Music Meditation, Nature Meditation-Experiences

Part –II

Spiritual Science [Physics, Meta-physics, Spiritual Meta-physics][Visuals]-Soul Science [Visuals]-Spirit World [Visuals]- Soul Families [Visuals]-Spiritual Realms [Visuals]- Spiritual Eye- Solar Centres- Over Self – Higher Self-Higher Knowledge versus Lower Knowledge

Part- III

Secrete Doctrine -Happiness Analysis-Erosion of Happiness- Pain & Suffering-Money & Spirituality- - Non-Violence & Vegetarianism - Self-healing-Metatherapy

Part - VII

Anapanasati in Scriptures – Vedic Upanishads – a review-[10 upanishads]
Teachings of Great Saints [Socrates, Prophet Mohammad, Jesus Christ]
Dhyana session -P.S.S.M–Emblem -18 Sutras - Traditions

Examination-Pyramid Valley International – Visuals-Evaluation & Presentation of Certifications

Part -IV

The Dead Are Alive' – Herald Sherman,US-'Life After Life' – Dr.Remond A Moodi,US 'Law of Karma'– Lord Sri Krishna- Gita- Patrijis teachings-Wisdom of Seth

Part – V

Dhyana-session - -Brahma Jnana [Gita] v/s Shankara Jnana [Vivekachudamani] Pyramid Meditation v/s Wisdom of Pathanjali-Yoga Sutras-Dhyana session Dhyana Abhyasi- Benefits - Change of Life Style –Nobility-Ability-Capability- Spiritual Wisdom – Spiritual Realities – Enlightenment- [Visuals]

Part VI

Meditation – Teacher- Direct Seeing – Witnessing & Awareness-Inner Life- Act-Act-Act- No Tear & wear - Teachings of Spiritual Scientists

What participants of the courses say...!



I am Ritu Dave from Nagpur. Being informed about the 3 day certificate course on Spiritual Sciences for all age groups going to be conducted in Nagpur, I was just wondering how it is possible to understand and learn meditational sciences in 3 days! Can we really know God in 3 days? Can we really understand who am I in 3 days? Many such questions kept hampering my mind, so I decided to join the course and see what actually is being taught in 3 days.

I had many queries in my mind on the 1st day of the course and B.Sivaramappa Sir commenced the session saying that he will be clarifying all the queries of the participants on the concluding day of the course, so I had to keep silent and to my surprise I was left with no queries on the concluding day of the course. This 3 days course is the essence of the 50,000 spiritual books of great masters.

It is difficult to express in words how much knowledge I have acquired in these three days. In brief what I can express is that after completing this course I could understand the real meaning of the quote by French Jesuit Pierre Teilhard de Chardin- "We are not human beings having a spiritual experience. We are spiritual beings having a human experience".

I would wholeheartedly like to thank Patri Sir and Sivaramappa Sir on introducing extraordinary courses for the questers of truth. I appreciate the initiative taken by the Pyramid Spiritual Science Academy to design the books on spiritual sciences for the students of VI th – XII th standard which will give them knowledge to attain wisdom. I wish each and every school and college of India; and the world over accept meditation as a compulsory subject. My sincere thanks to Mr.Vishal Jadhav, Mr,Rahul Jadhav and Mr.Vivek for organizing such a marvelous course for the truth seekers of Orange city-Nagpur.

Regards,
Ritu Dave
08275741999



The course is excellent. It has shown me the real meaning of life . The course has given me the inner meaning of love and happiness...

-T.S.S. Ramachandra Murthy, Retd Bank Officer, Bengaluru

The course is excellent and very useful for our lives. It is going to improve my health, my life and I can do something to the society in return...

- B.R Geetha, Principal, Jain Publi School, Bengaluru

The course is excellent. It is enlightening and a must course for all...

- S.A.Venugopal, M.S.,M.A., PGDEM, Educationist, Bengaluru

The course is excellent. It brings in a sense of belongingness to the whole creation. At personal level it is a great opening for the process of self realization. More publicity of the course is a must...

- Dr. Sudhir R Patil, M.D,Bengaluru



The course is excellent. It is very useful for my development . I understood how to behave myself with others etc., and how to control my emotions when we understand that we are not the body. My gratitude to Patriji and our teacher master who teaches with love and sweetness. A great thank you from my heart...

- Madam Moutoussamy Priya, Paris, France

The course is excellent and it filled in blanks in my life...

Kiril, Bulgaria.

The Course is excellent. Now onwards I do meditation and do better things in my life. By such courses, people turn spiritual...

- S.R Girijamma, Girinagar, Bengaluru

The course is excellent. It has changed my life and my habits. Please give publicity to this course...

- Pradeep Aradhya SR, Businessman, Bengaluru

The course is excellent. This course is not only for me but for all the humanity to reach divinity...

- Tulasibi M.Dhage .Dip in CDDM, Lecturer, Bengaluru

The course is excellent. I learnt to view my life from a different perspective and to implement this in my life from now onwards...

- B.B.Janakiram, B.Com, Bengaluru

The course is excellent. It has changed my life style totally. It is a complete course...

- Anil Kumar, Mysore



The course is excellent. This is one of the best courses in my life. It helps to conduct my life peacefully. I would like to attend advance course too...

-Rajasekhar,M.Tech,Software Tech., Bengaluru

I find this course very useful to learn Meditation. This course is very important and we learn to take care of ourselves, our loved ones, and our own families in a proper mode...

- M N Subbalaxmi,M.A,[Kannada] Bengaluru



SPIRITUAL SCIENCE TEXT BOOKS

Now Spiritual Science Is Made Easy For Every
School And College...!

This academy has taken up and completed the task of codifying proper text books on Spiritual Science on the line of other texts of academics for being taught in each and every educational institution. Separate Text books are devised for each standard say from VI to XII and for the degree course. These books can be introduced under "Moral Science" or "Value Education" which is provided by educational authorities. Topics included are of great relevance to developing essential insights of *Spiritual Wisdom* among the

students and bring in high social values into the society. And the books designed for a year long course are well suited for induction into the academics of educational institutions in order to transform their wards into *Wisdomful Nation Builders* of tomorrow.

This academy provides proper training to the teachers/professors of the institution and extends all needed support in this regard. All the training so offered are free of cost.

Co-operation from every quarter is gracefully solicited.



SELF DISCIPLINE IS SELF KNOWLEDGE
A MUST FOR STUDENTS TO TRANSFORM INTO MAHAN VYAKTIS

Self discipline is the discipline from self. Spiritual science is a must for everyone to develop self discipline. It is imperative for everyone to realise self to acquire self discipline. Self discipline means self=soul, discipline = branch of education. Self discipline is self knowledge. self knowledge is spiritual wisdom. Spiritual wisdom alone makes one mahan vyakti..!

Thankful Acknowledgments

Our sincere thanks to the following schools for introducing the spiritual science books.

Kangar Valley, Raipur - Aditya English Medium School, Akividu - Sun Shine School, Ongole - Amara Joythi School, Bengaluru - Jain Public School, Bengaluru - Trinity English School, Bengaluru - Little Rose, Chittoor - Acharya International School, Pondicherry - Global International School, Hyderabad.

These books are developed, published & printed by our branch office.

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